

Dermalux LED one of the most advanced skin rejuvenating systems available on the market today



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## Blog

### LED light therapy by Dermalux – A case study

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LED Light Therapy : A Case Study

by Dr Simon Ravichandran

*Cosmetic Doctor and Medical Director of [Clinetix Rejuvenation Glasgow](#).*

In Clinetix our key priority is the provision of proven, safe and effective treatments. As a rule we don't usually jump onto the bandwagon with any new treatment as soon as it is available. For me as Medical Director that means I have to look for a strong evidence base that a given treatment will have the desired result, with negligible risk of adverse outcomes. In terms of skin rejuvenation our clinics have been using tried and trusted techniques that have proven to be reliable for decades, such as chemical peels and laser resurfacing. I've long been aware of the use of **LED technology and Photodynamic therapy** but as a natural sceptic have backed away from really looking into it as a technology to introduce to Clinetix. My surgical background was subconsciously telling me that simply wafting a few photons onto your skin is never going to make a difference!

However, just like all Surgeons I like shiny things!! So at a recent exhibition in London I was drawn to a shiny white futuristic looking device emitting a soft purple glow. My first impression was that it was from the set of a new Space Odyssey film! I was disappointed to find it was merely an LED device as I knew I would never have it in the clinic, however later on I was chatting to a Dr Tapan Patel, a friend who has

immense experience with lights and lasers and a man for whom I have great respect. He quickly dissuaded me of the notion that that LED's are ineffectual so I went back for a second look. After reviewing a **considerable number of articles in dermatology journals** and numerous chats with the Dermalux LED team I agreed to purchase the device for our new Clinic in Bothwell. I'm glad I did because we hit the ground running with this thing and haven't looked back with its success in our Bothwell Clinic resulting in the purchase of a second system for our clinic in Glasgow.

The clinical outcomes are amazing, with significant reduction in skin redness seen after just one or two sessions, **patients describe their skin feeling plumper and more toned and cutaneous inflammation from acne literally disappearing**. I use it for twenty minutes after fractional laser resurfacing and then another twenty minutes a day and see a reduction of downtime to just 3 or 4 days for procedures where I would expect a inflammation and peeling to last 7 to 10 days. Similar reductions in downtime are seen following micro-needling and chemical peels. I have also seen long standing post laser pigmentation improve considerably with a course of treatments.

Almost every single customer who has had a first single Dermalux LED treatment has booked in for a course on the way out. We have had the device for 10 weeks now and have to date performed 184 treatments and we're getting busier. This is without a doubt the most useful machine I have ever bought and would recommend it to anyone.